

Helping Managers

Guide,

Inspire and

Deliver

in Challenging

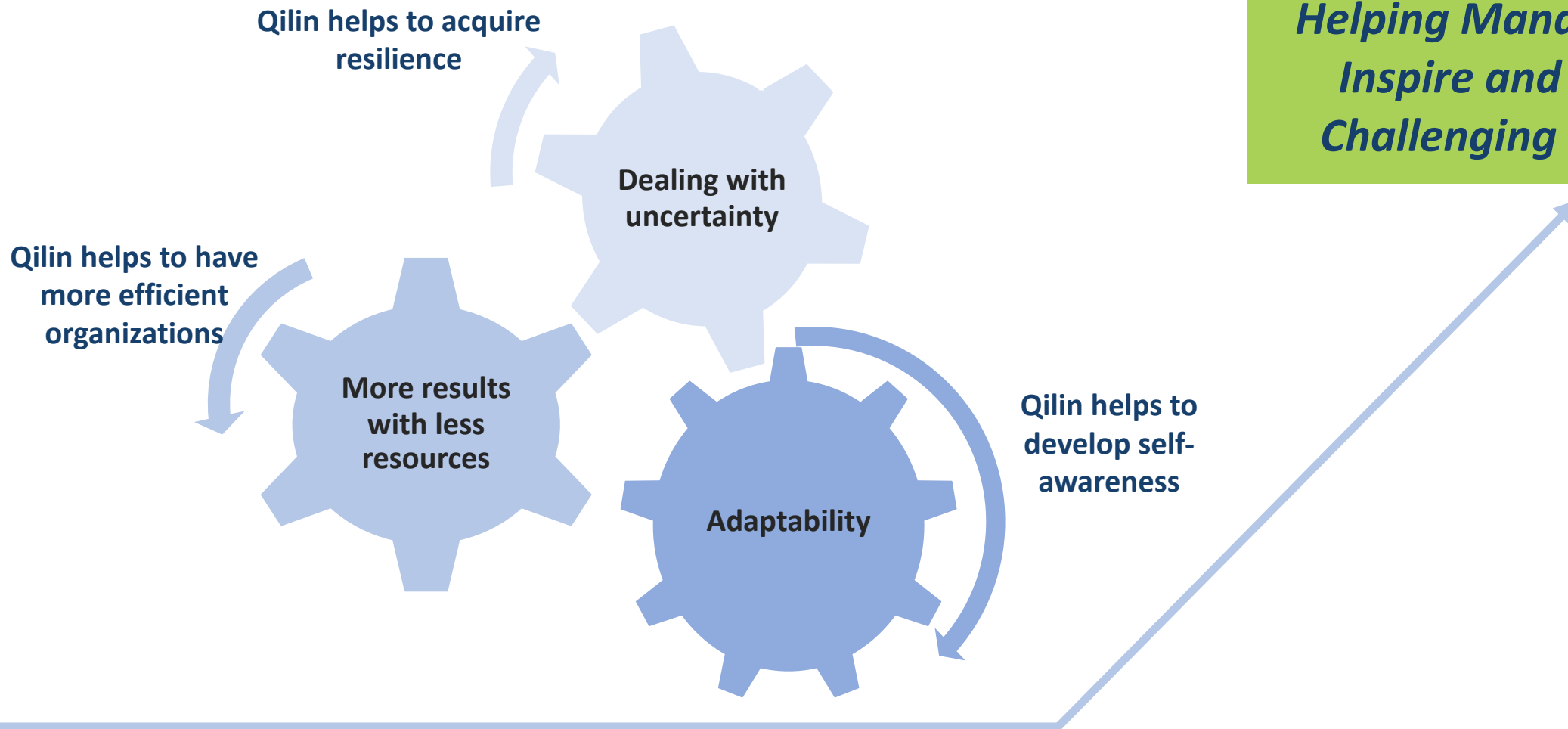
Conditions



The Qilin Leadership Model



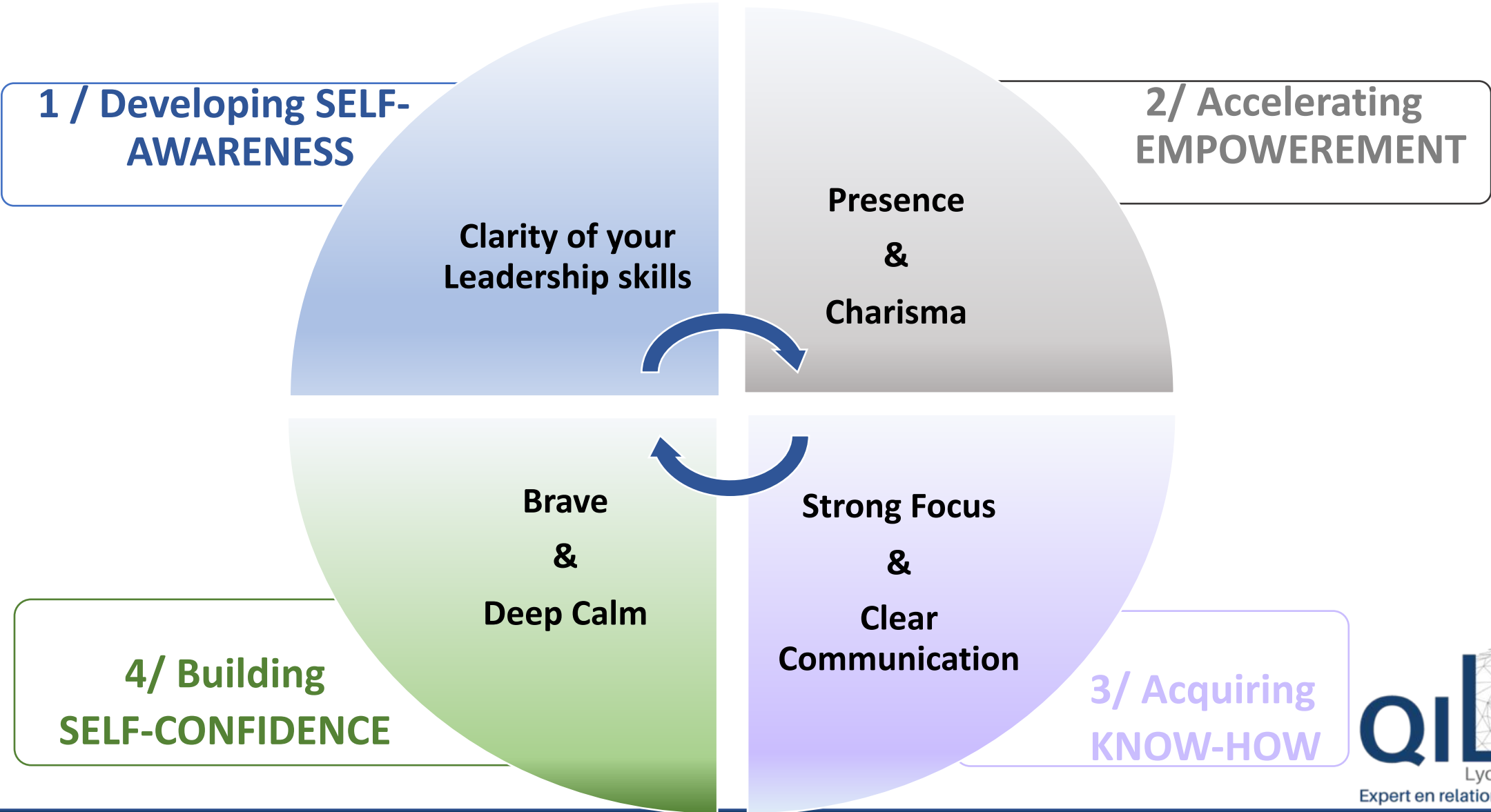
We are confronted in our business world with three critical factors



*Helping Managers Guide,
Inspire and Deliver in
Challenging Conditions*



The QLM (Qilin Leadership Model)



Learning from Nature: the Origin of The « Qilin Leadership Model »,

Learnings from a horse:

- wonderful instrument to reveal characters traits and behaviours
- mirror to who we are and how we act

Observing a herd:

- Inspire, Guide and Organise to survive as a group
- the “**must have**” qualities of the Guide

Scientific basis:

- interacting with horses activates the **Limbic** part of the brain
- Limbic system treats emotion, learnings and memory
- Long lasting results because it helps reinforce (new) behaviours



Live example : Accelerating Empowerment

1-Guiding close range



2-Guiding long range



3-Guiding with autonomy



Example of Strong focus and clear communication



Qualiopi
processus certifié

QILIN
Lyon - Lausanne
Expert en relation & savoir-être

An Equine assisted programme: Guide, Inspire and Deliver



Module

Main Outcomes

How

1/ Developing self-awareness

- ❖ Greater insight into own way of acting, thinking, behaving
- ❖ Clear personalized roadmap to meet leadership expectations

- ❖ Diagnostic of your Leadership skills

2/ Accelerating Empowerment

- ❖ Greater ability to guide with autonomy
- ❖ Feel/sense your alignment

- ❖ Develop your Presence and Charisma

3/ Acquiring Know-How

- ❖ Take ownership of your non-verbal communication
- ❖ Leverage positive communication
- ❖ Capacity to adjust your inner-state according to needs

- ❖ Acquire Strong focus and clear communication

4/ Building Self-Confidence

- ❖ Stronger self-confidence in your leadership

- ❖ Anchor Braveness and Deep calm

Options



	Premium	A zest of Intensity	Introductory
Number of days for training	6 days * (1d - 2d - 2d - 1d)	3 days * (1d – 1d – 1d)	1 day *
Results	Full Journey towards long lasting change	Contracted and Powerful	Taster with great learnings

* Individual coaching and follow-up in between/after modules

Budget depends on length of program and number of participants



Major Clients and testimonial



"The work done in a few hours is amazing: the result is instantaneous, a change in posture has an immediate impact on the horse, which adapts its behaviour according to the message we are trying to get across, in particular knowing how to release the pressure or breathe it in at the right moment.

...revealing the image that one sends back, and bluffing to see that these are the same keys that apply to management. »

Aurélie Egret,
Managing Director



I have had an incredible experience with with my team thanks to Carine : her great coaching skills combined with the Horses approach is just awesome !!!!

Marie Grasset
HR Director



Great experience with our management team as nature is a truly mirror of our hidden or unknown behaviours. 🐾

Nicolas Roch-Neirey
Directeur General



.... "As we were in the process of making a major organizational change, leading to more consolidation and integration. Carine managed to quickly put everyone at ease... and despite our diversity ...we could achieve convincing results together.

4 Months after this day, the simple fact of remembering these unique moments reinforces our bonds and the motivation of the Team. Finally, we all, without exception, were able to measure that Equicoaching had been truly beneficial both individually and collectively. Carine's organization and support was perfect. I can only recommend this experience

Christian Voland
Procurement Director EMEA



About Qilin



- ✓ Carine Jacquier is the founder of Qilin
- ✓ Leadership coach and training facilitator
- ✓ 16 years experience as a recognized successful leader
- ✓ Certified Coach & Equicoach (innovative approach)
- ✓ Enjoy family time and outdoor activities such as horses

MY VISION

Developing exceptional leaders who are engaged, empowered and resiliently guiding their teams towards sustainable success

MY CONTACT DETAILS

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