

LEADERS AND TEAM MEMBERS REBOOSTED, ENGAGED FOR BETTER PERFORMING POST COVID-19



CONTEXT

With COVID-19, we have been suddenly isolated, our daily life has changed without notice.

Everyone has had to adapt: remote work, partial unemployment

Anxiety, stress, demotivation, uncertainty ...

Qilin is proposing training sessions towards:

✓ **Greater self-awareness**

✓ **Highly engaged Team members**

✓ **Better efficiency through remote management tools**

HOW?



Remote workshops

OR

Live workshops

(your choice)

- Via zoom or equivalent
- Duration: 2 h, half-day, full day
- Ideally 4 to 6 participants for better interaction
- Total cost per workshop to be discussed*

- Meeting room within your company
- Duration: 2 hours, ½ day, full day
- 5 participants respecting social distancing
- Total cost per workshop to be discussed*

* Depending on n° of participants, pre-work, follow-up session for accountability etc.

TRAINING SESSIONS



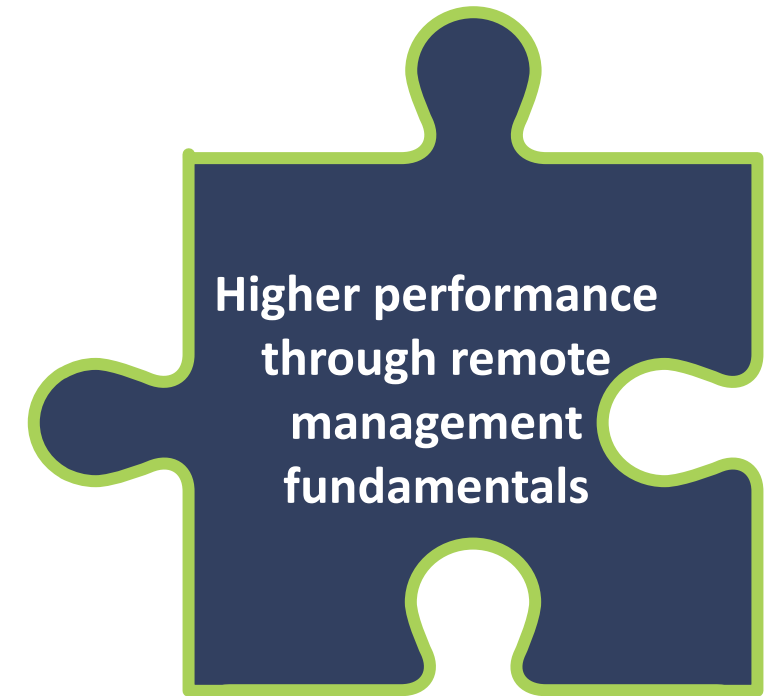
Training 1



Training 2



Training 3



Covid-19 training n°1

Positive communication & Meet teams expectations

Challenges

- ❖ **Back to work:** stress, anxious..
- ❖ What **behaviours** to adapt



Tools

- ❖ The curve of change
- ❖ Sharing personal experiences
- ❖ The 4 pillars of behaviour changes



Outcomes

- ❖ Team members feel considered and understood
- ❖ A greater **self-confidence**
- ❖ New identified behaviours adapted to new situation
- ❖ Clarity on **positive communication**

Covid-19 training n°2

Re-boost your teams energy

Challenges



Tools



Outcomes

- ❖ **Demotivation** post Covid-19
- ❖ How to define your new **priorities?**

- ❖ Appreciative Inquiry in 5 steps
- ❖ The S.M.A.R.T objectives

- ❖ Objectives clearly identified
- ❖ **Talents** of each team members clearly identified for a **performing team**
- ❖ A realistic & **common vision**
- ❖ A built and **shared action plan**



Covid-19 training n°3

Higher performance through remote management fundamentals

Challenges



Tools



Outcomes

- ❖ How to **empower** team efficiency remotely

- ❖ How to create greater **cooperation remotely**

- ❖ Create **greater confidence** leader/team

- ❖ Concrete tools

- ❖ Use powerful real life stories

- ❖ **Greater autonomy** team members for themselves and the team

- ❖ **Better structured** meetings for greater efficiency

- ❖ Team members more **engaged**



About Qilin



- ✓ Carine Jacquier is the founder of Qilin
- ✓ Leadership coach and training facilitator
- ✓ 16 years experience as a recognized successful leader
- ✓ Certified Coach & Equicoach (innovative approach)
- ✓ Enjoy family time and outdoor activities such as horses

MY VISION

Developing the most exceptional teams engagement, with pragmatism and resilience for “the better” and success

MY AMBITION

- ✓ Developing your leadership skills
- ✓ Providing greater self-awareness and self-confidence
- ✓ Contributing to a more powerful engaged team
- ✓ Providing a greater remote management tool kit to be used immediately



THANK YOU.



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